

# Are you a Latina Mother and feeling stressed out?

Complete a 30–40-minute survey and receive a \$25 gift card

After completing the survey, you may be selected to join our Community Advisory Board!

Total Compensation up to \$350



Seeking community advisory board members to inform the development of a stress and coping program for Latina mothers\*

\*biological, adoptive, step-moms, non-traditional mothers included

**Estimated time commitment to participate in the research study:**

**-30–40-minute online surveys at the start and at the end of the 6 weeks**

**-90-minute meetings once a week for 6 weeks**

**Day/time to be determined based on availability of participants**

**You will be paid separately for each part of the study (survey and meetings)**

## Eligibility

1. Self-identify as Latina
2. Mother of a child of any age
3. Drank alcohol to cope with stress at least once within the last month
4. Be a resident of Arizona

## CONTACT:

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